

THE

URBAN CAFÉ



www.urbancafenorthbay.com

Panini

What are panini? Simply put - grilled sandwiches. All of our panini are served on Ciabatta bread with your choice of soup or salad.

Chicken Kiev Panini *Chicken Breast, Black Forest Ham, Swiss Cheese, Garlic Butter, Baby Spinach and Scallions* \$11

Ham & Swiss *Black Forest Ham, Swiss Cheese, Tomato and Dijonnaise* \$ 10

The Sicilian *Bruschetta Mix (Tomatoes, Onion, Garlic and fresh Basil) with Goat Cheese* \$ 9

Bay City Beef Panini *Roast Beef, Roasted Red Pepper, Red Onion, Swiss Cheese and Blue Cheese Dressing* \$ 11

Northern Forest *Asparagus, Marinated Mushrooms, Caramelized Onions, Mozzarella Cheese, Thyme and Garlic Butter* \$ 9

Mediterranean Chicken *Chicken Breast, Artichoke Hearts, Marinated Mushrooms, Roasted Red Peppers, Sun-dried Tomatoes, Black Olives, Spinach, Tomato Sauce, Feta and Parmesan Cheeses* \$ 11

The Milano *Roasted Red Peppers, Marinated Mushrooms, Red Onions, Spinach, Mozzarella Cheese, and Pesto* \$ 9

Bacon Cheddar and Tomato *The name says it all* \$ 9

Wraps

All wraps are served with your choice of soup or salad

Bombay Curried Chicken Mango *Creamy Curried Chicken Salad with Mango, Cilantro, and Spring Mix* \$11

Vegetarian *Artichoke Hearts, Marinated Mushrooms, Roasted Red Peppers, Sun-dried Tomatoes, Black Olives, Spinach, Tomato Sauce, Feta Cheese and Parmesan Cheese* \$9

Dana's Wrap *Chicken Breast, Bacon, Hard-Boiled Egg, Spinach, Bruschetta Mix, Cheddar and Ranch Dressing* \$11

Pesto Chicken *With Sun-dried Tomatoes, Goat Cheese and Romaine Lettuce* \$11

Chicken Caesar *Caesar Salad with Chicken...in a wrap!* \$10

Ham & Asparagus *Black Forest Ham, Fresh Asparagus, Swiss Cheese, and Hollandaise Sauce* \$10

Teriyaki Salmon *Teriyaki Marinated Salmon Chunks, Red Pepper, Red Onion, Carrots, Spinach and Asian Sesame Dressing* \$11

PLEASE INFORM your server of any ALLERGIES before ordering. We will endeavor to accommodate, where possible.

Please Note - \$2 charge for split orders

taxes extra

Sandwiches

All sandwiches are served with your choice of soup or salad

- Roast Beef Melt** *Sliced Roast Beef, Caramelized Onions, Scallions, Aged Cheddar and Smokey BBQ Mayonnaise on a Kaiser* \$ 11
- The Urban Clubhouse** *Grilled chicken Breast, Bacon, Aged Cheddar, Lettuce, Tomato and Mayonnaise on a Kaiser* \$ 11
- The Veggie Bagel** *Hummus, Cucumber, Tomato, Red Onion, Roasted Red Pepper, Lettuce, and Alfalfa Sprouts on a Bagel* \$ 9
- Tuna Melt** *Tuna Salad, Aged Cheddar, Swiss and Parmesan Cheeses, Tomato and Lettuce on Toast* \$ 10
- The Reuben** *Corned Beef, Swiss Cheese, Sauerkraut and Russian Dressing on Rye Bread* \$ 10
- BLT** *Bacon, Lettuce and Tomato and Mayonnaise on Toast* \$ 8
- Egg Salad or Tuna Salad** *On your choice of bread* \$ 8

Homemade Soups

Large (16oz) \$4.50

Small (12oz) \$3.50

Salads

Add chicken to any of these salads for \$3

Salad dressings include: Balsamic, Ranch, Red Wine, Grainy Dijon, Homemade Caesar, Honey-Lime, and Asian Sesame

- Garden Salad** *Tomato, Carrot, Red Onion, Cucumber, Bell Pepper and Alfalfa Sprouts on a bed of Greens* \$ 8
served with Balsamic Vinaigrette
- Caesar Salad** *Romaine Lettuce, Bacon, Parmesan Cheese and Croutons tossed in our homemade Caesar Dressing* \$ 8
- The Nicoise** *Tuna salad, Hard Boiled Egg, Black Olives, Tomato, Red Onion, Scallions and Red Pepper on Romaine Lettuce served with a Grainy Dijon Vinaigrette* \$ 10
- Honey-Lime Chicken & Spinach** *Grilled Chicken Breast, Artichoke Heart, Roasted Red Pepper and Kalamata Olives on a bed of Spinach served with our homemade Honey-Lime Vinaigrette* \$ 11
- Greek** *Tomato, Cucumber, Red Onion, Black Olives, Bell Pepper and Feta Cheese tossed in a Herbed Red Wine Vinaigrette, served on a bed of Romaine Lettuce* \$ 9
- Classic Spinach** *Bacon, Marinated Mushrooms, Aged Cheddar Cheese, Hard Boiled Egg, and Red Onion on a bed of Baby Spinach served with a creamy Ranch Dressing* \$ 9
- Curried Chicken Mango Salad** *Our creamy Chicken Mango Curry Salad on a bed of greens with Tomatoes, Sprouts, and Scallions served with Grainy Dijon Vinaigrette* \$ 11
- Asian Salmon Salad** *Teriyaki Marinated Salmon Chunks, Red Pepper, Red Onion, Carrots, Scallions and Sesame Snaps on a bed of Spinach, served with Asian Sesame Dressing* \$ 11

Soup & Salad Combo - Enjoy a side Garden or Caesar Salad with a large soup \$10

Beverages

Coffee/Tea	\$1.50
Herbal Tea	\$1.50
Hot Chocolate	\$2.50
Hot Apple Cider	\$1.50
Juice (Orange, Apple, Cranberry or Pink Lemonade)	\$1.50
Soft Drinks	\$1.50
Bottled Water	\$1.50
Milk / Chocolate Milk	\$1.75

Other Stuffs

Triple Chocolate Chunk Brownie	\$1.75
Date Square	\$1.75
Butter Tart	\$1.75
Cheesecake	\$4.25

With your choice of topping: Chocolate, Raspberry or Caramel

Specialty Coffee

Espresso	\$2.00
Cappuccino	\$3.00
Americano	\$2.00
Latte	\$3.00
Mocchaccino	\$4.00

(Chocolate Cappuccino topped with whipped cream and chocolate shavings)

Add a "**Flavour Shot**" to your coffee 50¢
*Chocolate • Caramel • Chai • French Vanilla
Irish Cream • Roasted Hazelnut*

Alcohol List

Beer	
Molson Canadian 341 mL	\$4.25
Coors Light 341 mL	\$4.25
Heineken 330 mL	\$5.50
Wines (7 oz. glass)	
Beringer White (Pinot Grigio)	\$7.00
Beringer Red (Cabernet Sauvignon)	\$7.00
Fusion White (Chenin/ Chardonnay)	\$6.00
Fusion Red (Shiraz/ Malbec)	\$6.00

